





















Sankofa Homeschool Collective ~ Fall 2018

Time	Drum Studio	Dance Studio (up)	Dance Studio (downstairs)	Art Studio	
8:00-8:40am	Arrive/Set-up/Breakfast				
9:00-10:00am Period 1	Frederick Douglas Writing Club for Boys & Girls Boys & Girls Ages 6-9	Chess 	Watoto Music and Art Ages 3-6 	AFRICAN MATH Ages 2-6 	
10:05-11:05am Period 2	Frederick Douglas Writing Club for Boys Ages 10-13 	Black Girl Magic – Creative Writing Ages 10-13 	World Geography thru Arts-n-Crafts Ages 4-8 	Pan-African History Ages 14 and up 	
11:10-12:10pm Period 3	Pan-African History Ages 9-13 	The Griot ETHIOPIA Ages 5-9 	Mandarin Chinese through the Arts All Ages 	Psychology Ages 14 and up 	
Community Drum 12:15pm-12:25pm 		~ ALL Students/Parents/Instructors ~Lunch 12:30pm-1:30pm			
1:35-3:05 pm Period 4 (afternoons reserved for hands-on classes which require more time)	Swahili - All ages w/Mama Anna Ages 7-12 	Art Appreciation Ages 10-13 	Musi-Cultural Diversity Ages 7-12 	Quilting/Scraps of Africa *Offsite @ Sew Creative http://www.sipandsewdc.com/	SAT Verbal/ Writing Ages 13 and up
Period 5 3:10-4:40	Homeschool African Drumming w/Baba Mahiri  3:30pm-4:30pm	Art Appreciation Ages 14 and up 	Homeschool African Dance 	Sankofa Yoga  Teens & Adults	
4:40-5pm	Clean Up/Depart				



Sankofa Homeschool Collective

Fall 2018 ~ Class Descriptions

More information, email: motherjegna@msn.com or call 202-615-6310

Location: Adinkra Cultural Arts Studios, 3804 34th Street, Mt. Rainier, MD

Website: www.sankofahomeschool.org

2nd SANKOFA HOMESCHOOL COMMUNITY PLANNING DAY

Date: Tuesday, August 28

Time: 1:00-4:00pm

Location: Woodridge Library (1801 Hamlin Street NE)

ORIENTATION/MEET-N-GREET

Date: Sunday, September 16

Time: 2pm-4pm

Location: Benning Road Library (3935 Benning Rd NE, Washington, DC 20019)

Class Dates

Week 1 - 9/21

Week 2 - 9/28

Week 3 - 10/5

Week 4 - 10/12

Week 5 - 10/19

10/26 – Parent Homeschool Workshop & Special Fun-Friday Day

Week 6 - 11/2

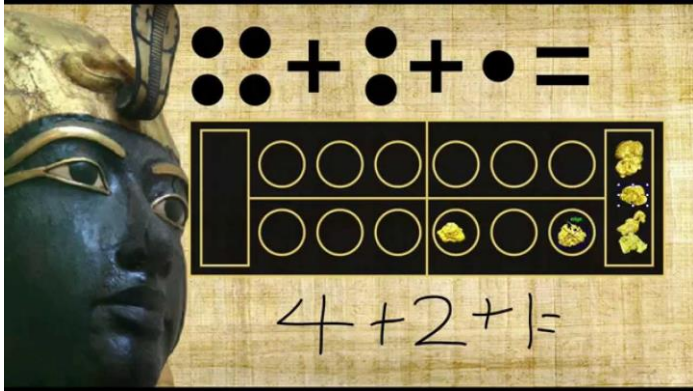
Week 7 - 11/9

Week 8 - 11/16

Week 9 - 11/30

Week 10 - 12/7

Fall 2018 Classes



AFRICAN MATH™ - For Beginners

(This is a prerequisite for the DHWTY (AFRICAN ABACUS™))

Ages: 2-6

Class max: 10

*But all ages are welcome and parent/guardian participation is required.

Class Description: This class provides both a conscious and subconscious awareness of the African origins of mathematics. Learners will gain foundational numeracy skills needed to advance in mathematics. The class meets weekly but incorporates daily play sheets and tactile toys to stimulate the right brain while simultaneously increasing the learners mental math ability. Throughout the session learners will enhance fine motor skills, establish strong numeracy and mental arithmetic skills, master complements of 5 and 10, visualize and subitize, perform comparisons, use African Numerals, be introduced to technical drawing (Geometry) and MDW NTR (Kemetian hieroglyphics). <http://africanmath.com/>



African Psychology

Ages: 14 and up

Class max: 15

Class Description: Psychology, defined as the study of the soul, has its origins amongst the ancient and indigenous civilizations of our planet. In modern times, Western cultures have overshadowed this knowledge with their perspectives and definitions of the science. In this course, we will explore the various theories, themes, and philosophers making up the foundation of what is now called African and/or Black Psychology. Some of the theorists to be covered are: Naim Akbar, Amos Wilson, Frances Cress Welsing, Wade Nobles, Joy Degruy, Linda James Myers, Asa Hilliard, and many more. Students will also be introduced to African practices for assessing psychological states, as well as methods of intervention. We will use various sources for instructional and supplementary information. <https://www.mindonthematter.com/>



Art Appreciation 1

Ages 10-13

Class Max: 15

Class Description: This course is an exploration of visual art forms and their cultural connections for the student with little experience in the visual arts. It includes a brief study of art history and in-depth studies of the elements, media, and methods used in creative processes and thought. Students will view works of art through the artist's lens. Artists from around the globe will be incorporated including Africa, the Caribbean, Native American and Japanese, just to name a few. This is a hands-on class and students will be creating art.

www.jamearichmondedwards.com.



Art Appreciation 2

Ages 14 and up

Class Max: 15

Class Description: This course is an exploration of visual art forms and their cultural connections for the student with little experience in the visual arts. It includes a brief study of art history and in-depth studies of the elements, media, and methods used in creative processes and thought. Students will view works of art through the artist's lens. Artists from around the globe will be incorporated including Africa, the Caribbean, Native American and Japanese, just to name a few. This is a hands-on class and students will be creating art.

www.jamearichmondedwards.com.



Beginner Sewn Quilts of Africa Class

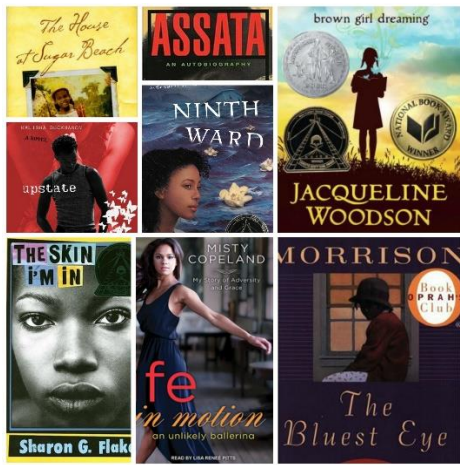
Ages: 10 and up

Max number: 12

Description: Entry level class for true beginners will be held at Sew Creative in conjunction with the Sankofa Homeschool Community. Students will learn the basics of piecing and quilting in this class. We'll work on fabric selection, color theory, rotary cutting, piecing tips/tricks, adding borders and basic machine quilting. Sew Creative is a stone's throw from the ACAS studios. Here is the website for the class location: <http://www.sipandsewdc.com/>

Bio: Kyna Clemons is a textile quilt artist, activist, and home-school educator in the Washington DC metropolitan area. Vibrant colors, geometrical patterns, and designer fabrics from Africa set her quilts apart. A graduate of Howard University, Ms. Clemons draws inspiration for her quilts from the work and life of Harriet Powers, an enslaved African-American folk artist and quilt maker. Ms. Clemons and her husband, George Clemons, are proud parents of seven children, whom they have home-educated together for over fifteen years.





Black Girl Magic (Literature/Creative Writing)

Theme: Where We Live: Honoring the Experiences of Africana Women and Girls

Ages: 10-13

Max number: 12

Class Description: In this course, girls will explore the vulnerabilities, fearlessness and diversity of Africana women and girls through literature and creative writing. They will examine stories that have challenged and strengthened our community, then craft their own via various genres of fiction and creative nonfiction, including short stories, poetry, drama and memoir.

writingonthewallsworkshop.com



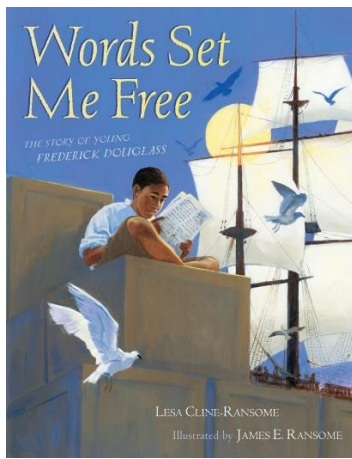
Chess

Ages: 7 and up

Class Max: 16

Class Description: Students will know and be able to explain the major rules of chess. Students will demonstrate comprehension of the rules listed below. We will dive deeper into the opening phase, tactical and strategic middle game play, and common endgames that I will challenge each student to commit to memory!

- Chessboard design and chess vocabulary
- Piece moves and captures
- En passant
- Pawn promotion
- Checking the king
- Castling
- Checkmate
- Drawn games
- Algebraic notation

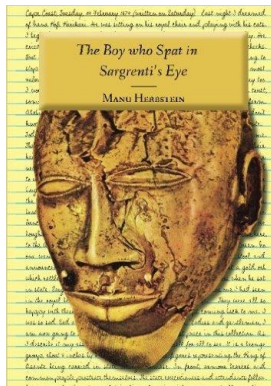


The Frederick Douglas Writing Club co-ed Kids

Ages: 6-9

Class Max: 15

Class Description: The FDWC co-ed Kids is a club for homeschooled boys and girls ages 6-9. In this class we will focus on writing and communication, with an emphasis on the life and writing of Frederick Douglass. We will be concentrating on reading and comprehension skills, as well as creative writing based on Hip Hop song writing. Activities will include dancing, arts and crafts as the students create products like the ones they read about in class. We will read several books including *Words Set Me Free* by Lisa Cline-Ransome, Wangari Maathi's *Trees of Peace* by Jeanette Winter and *One Plastic Bag* by Miranda Paul. <http://babagotbars.com/>



The Frederick Douglas Writing Club (FDWC)

Ages: 10-13

Class max: 15

Class Description: The FDWC is a club for homeschooled boys and ages 10-13 to focus on writing and communication, with an emphasis on the life and writing of Frederick Douglass. We will concentrate on speech writing and public speaking, autobiographical writing, journalism, and music. The books we will be reading this session will be *The Boy Who Spat in Sargenti's Eye* by Manu Herbstein and *Rebound* by Kwame Alexander. Each club member should have a composition book, a pen (not pencil) and a highlighter. Each child should also have a personal copy of *The Autobiography of Frederick Douglass*, a composition book and a highlighter. The autobiography has a lot of high level vocabulary. We will concentrate on certain stories throughout the book chronologically, instead of committing to reading the entire chapters. This pace will allow us to spend ample time researching and understanding some of the larger words. I will keep parents updated on where we are in the book and our vocabulary words.

<http://babagotbars.com/>



The Griot

Theme: Ethiopia

Ages: 5-9

Max Number: 15

Class Description: This class will explore the art of storytelling through creative dramatics with a focus on Ethiopia. Students will learn cultural background of Ethiopian people. The class will provide basic knowledge of acting techniques and stage movement to develop your child's imagination, creativity and confidence. Theater concepts will be explored through acting, improvisation, movement, creative dramatics, storybook theatre, a creative writing, music, brainstorming sessions, and cultural explorations. Activities are focused on guiding the children through the collaborative process of staging a performance. We will explore several stories. We will be presenting some basic storytelling elements using at least one story at the class conclusion. Each class will be both instructional building blocks for the final presentation.

Purpose: Dramatic Arts is a wonderful tool to unlock your children's imagination.



Homeschool African Dance

Ages: 5 and up

Max Number: 15



Mandarin Chinese through the Arts

All ages

Class Max: 10

Class Description: This class will focus on basic Chinese lessons about daily life so children can understand their everyday life. <https://www.saatchiart.com/meimeichang>

Students will:

1. Learn to speak.
2. Learn greeting and characters.
3. Learn Chinese arts and cultures.
3. Explore their surroundings through learning Chinese.
4. Play games and have fun learning Chinese.



Musi-Cultural Diversity

Ages: 7-12

Max Number: 15

Class Description: The purpose of this class is to instruct students of different ages in a deeper understanding of music, its effect and history. We will discuss culture trends and style in relation to music and art. We will also open up the dialogue of sound and vibration in its energy form as it being a representative force of deeper values and cultural systems. There will be presentations of musical instruments, song, dance and exploration along a broad cultural spectrum. The teachings will be African-based and will explore the differences and similarities between the styles and tastes of music and its cultural counterparts throughout the diaspora. The students will be introduced to several percussion instruments, which they will learn to name and play. We will also have many group exercises where the youth will practice rhythmic exercises, self-expression, improvisation and composition. This class will also train students voices, providing warm ups, basic theory and harmony-part ear training at the beginning of every class. The final class will offer a showcase and an informational presentation created by the students.

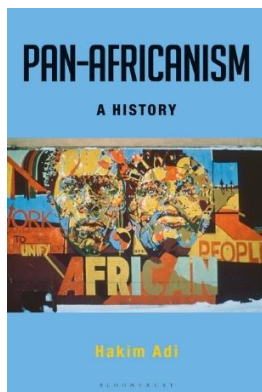


World Geography through Arts-n-Crafts

Ages 4-9

Class Max: 12

Class Description: What country has the highest African population outside of the continent of Africa? What language did the Arawak people of Guyana speak? How do you make Mola Art? Do you know how to count to 10 in Swahili? Where can one find over 4 countries in one continent where the Blue Marlin fish lives off the coast? What country is also a continent? These and other questions will be answered in this fun & interactive class! Children will be taken on a virtual journey each week to a different country, region and/or continent. Lessons will be focused on geography (including maps), flags, culture, art, animals & lifestyles for each area of focus. Children will learn languages (counting & vocabulary) through games, instruction, age-appropriate worksheets, etc. Each lesson will include a take-home arts & craft project to help reinforce the lesson. This class will give you a precursor to what your child would receive as a camper at Kids & Culture Camp. For more information on the camp: www.kidsandculture.com.



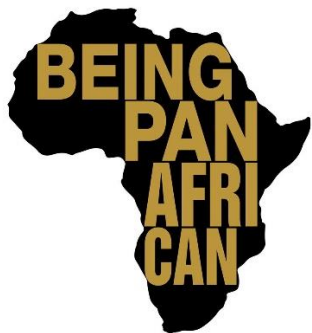
Pan African History 1

Theme: From Giving Back to Giving First

Ages 9-13

Max number: 25

Description: This class will present a viable alternative for African children whose concept of service to humanity is being influenced by a narrative being crafted by corporate USA, the Democratic Party, and the Homeland Security apparatus. This narrative is in diametrical opposition to the most uplifting aspects of African history and culture. This class will celebrate and magnify the tradition of service and sacrifice. The purpose of the class is to provide students with a narrative that shows how service selflessness and sacrifice can become the norm and not the exception.



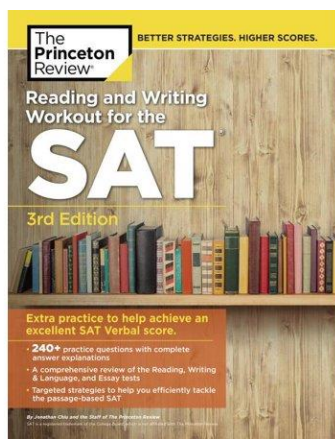
Pan African History 2

Theme: Using Our Skills and Talents for the Struggle

Ages: 14 and up

Max number: 25

Description: This class will use the annals of history to explore how many of the most significant contributors to the decolonization and upliftment process, not only selflessly gave blood, sweat and tears to our people, but ensured as they harnessed and develop a multitude of crafts and skills that Africans were the primary beneficiaries. The purpose of this class is to provide students with the practical and concrete examples of historical figures whose ability to use their skills for our collective upliftment can help shape their career choices and path.



SAT Prep: Verbal and Writing Sections

Theme: Breaking the Code

Age: 14-18 years old

Class Max: 15

Description: In this course, students will prepare for the verbal and written portion of the SAT by sharpening the skills of annotation, comprehension, analysis, and writing. Each class, and take-home assignment, will allow them the opportunity to use the aforementioned strategies and skills in practice exercises and sample passages similar to what they would encounter on the SAT. The class will culminate in a long-term annotation/analysis project.

<https://alleysondc.com/about/>



Swahili Language Club

Ages: 7 and up

Class Max: 15

Experience Swahili with the vibrant Mama Anna. Check out her YouTube video:

https://www.youtube.com/watch?v=3V02Lb0a8_Y

Class Description: The mission of the Swahili cultural immersion is to inspire and broaden greater cultural understanding across diverse cultures encouraging positive acceptance of our differences. Secondly, to educate, share and motivate the children, young and old, about the beauty of the Swahili culture, its essence and its importance in this global village through artistic, cultural, and language education. Our aim is to provide a holistic Swahili cultural experience. The class will incorporate music, storytelling, games and dances as part of learning tools. The teacher will use her CD: Shukrani to teach the children how to count, learn the names of wild animals in Swahili and learn action verbs.



Watoto Music & Art

Class Max: 10

Ages: 3-6

Class Description: This class will introduce preschoolers to different Artists /art styles and music genres of the African Diaspora. Students will also create artwork in the styles and participate in musical activities of the various genres and traditional children's music from both American traditional and of the Diaspora.

Purpose: Art and Music are tools to creativity and imagination. Both are known to boost language and math skills. The Arts are also expression of culture and this is one of the main focuses of this class, it serves as a cultural immersion.



Sankofa Yoga for Teens & Adults ~ more information to come